|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Od 23.06.2025 do 27.06.2025** | | | MOŽNI ALERGENI | | | | | | | | | | | | | |
|  | **OBROK** |  | **Gluten** | **Raki** | **Jajca** | **Ribe** | **Arašidi** | **Soja** | **Mleko/m.izdelki** | **Oreščki** | **Listna zelena** | **Gorčično seme** | **Sezamovo seme** | **Žveplov dioksid** | **Volčji bob** | **Mehkužci** |
| **PONEDELJEK** | ZAJTRK | Skuše |  |  |  | x |  |  |  |  |  |  |  |  |  |  |
| Bio pisani kruh | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sveža paprika- tris |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Sadni jogurt (neh. mleko) |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Brokolijeva juha z rdečo lečo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Piščančji čevapčiči |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pečen krompir |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ajvar |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Zelena solata |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **TOREK** | ZAJTRK | Čokoladno lešnikov namaz |  |  |  |  |  |  | x | leš |  |  |  |  |  |  |
| Zmesni kruh | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mleko (bio) |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Navadni prepečenec | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Telečji zrezki v naravni omaki |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ajdova kaša z zelenjavo in šampinjoni |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mlado zelje v solati s krompirjem |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **SREDA** | ZAJTRK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **ČETRTEK** | ZAJTRK | Polenta |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mrzlo mleko (bio mleko) |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Mlečni rogljič | pšenica |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Mesnozelenjavna lazanja s piščančjim mesom | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |  |
| Rdeča pesa |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **PETEK** | ZAJTRK | Bio šunka |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Paprika, paradižnik, kumare |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Polnozrnata žemlja | Oves, pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Polnozrnati keksi | Oves, pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Boranija z govejim mesom |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Pire krompir |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sladoled z ameriškimi borovnicami |  |  |  |  |  | x | x |  |  |  |  |  |  |  |
| **x –obrok vsebuje označeni alergen** | | |  | | | | | | | | | | | | | |

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| **Od 30.06.2025 do 04.07.2025** | | | MOŽNI ALERGENI | | | | | | | | | | | | | |
|  | **OBROK** |  | **Gluten** | **Raki** | **Jajca** | **Ribe** | **Arašidi** | **Soja** | **Mleko/m.izdelki** | **Oreščki** | **Listna zelena** | **Gorčično seme** | **Sezamovo seme** | **Žveplov dioksid** | **Volčji bob** | **Mehkužci** |
| **PONEDELJEK** | ZAJTRK | Maslo |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Malinova marmelada |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pirin kruh | Pira, pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bela kava (sen. neh. mleko) | ječmen |  |  |  |  |  | x |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Nežni kruhki 5 žit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Ričet brez mesa | ješprenj |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Marelična pita | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |  |
| ½ temne kajzerice | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |
| Limonada |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **TOREK** | ZAJTRK | Fižolov namaz |  |  |  |  |  |  | x | leš |  | x |  |  |  |  |
| Polbela štručka | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| List solate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Grški jogurt, sadna polivka |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Špinačna juha z jušnimi kroglicami | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |  |
| Losos |  |  |  | x |  |  |  |  |  |  |  |  |  |  |
| Čebulni krompir |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Stročji fižol/korenje v solati |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **SREDA** | ZAJTRK | Bio pirin ponozrnati zdrob na bio mleku | pira |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Lešnikov posip |  |  |  |  |  |  |  | leš |  |  |  |  |  |  |
| MALICA/DOP in POP | Francoski rogljič | pšenica |  |  |  |  | x | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Zrezki v čebulni omaki (bio meso) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Dušen riž (tri žita) | Ješprenj, pira |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Zelena solata s korenjem |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **ČETRTEK** | ZAJTRK | Kuhan jajček |  |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Sveže kumare, paradižnik |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bio kruh iz tatarske ajde | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Bio sadni kefir |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Puranja pečenka |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sladko zelje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pire krompir |  |  |  |  |  |  | x |  |  |  |  |  |  |
| **PETEK** | ZAJTRK | Ovseni kosmiči z sadjem in jogurtom (sen. neh. mleko) | oves |  |  |  |  |  | x |  |  |  |  |  |  |  |
| MALICA/DOP in POP | ½ sirove štručke (temna moka) | pšenica |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Dušeni zrezki v zelenjavni omaki |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Široki rezanci | pšenica |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Šobska solata (kumara, paprika, paradižnik, nariban mladi sir) |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| **x –obrok vsebuje označeni alergen** | | |  | | | | | | | | | | | | | |