|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Od 09.06.2025 do 13.06.2025** | | | MOŽNI ALERGENI | | | | | | | | | | | | | |
|  | **OBROK** |  | **Gluten** | **Raki** | **Jajca** | **Ribe** | **Arašidi** | **Soja** | **Mleko/m.izdelki** | **Oreščki** | **Listna zelena** | **Gorčično seme** | **Sezamovo seme** | **Žveplov dioksid** | **Volčji bob** | **Mehkužci** |
| **PONEDELJEK** | ZAJTRK | Ribji namaz |  |  |  | x |  |  | x |  |  |  |  |  |  |  |
| Sveža paprika |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pirin polnozrnati kruh | Pira, pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Grški jogurt, ameriške borovnice |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Puranji paprikaš |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Skutini cmoki | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |
| Zelena solata z rukulo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **TOREK** | ZAJTRK | Medeni namaz |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Bio ajdov kruh | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bela kava (neh.mleko) | ječmen |  |  |  |  |  | x |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Nežni kruhki |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Fižolovka (brez mesa) | pšenica |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Marmorni kolač+kepica sladoleda | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |  |
| Bezgov sok redčen |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Francoska štruca | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **SREDA** | ZAJTRK | Piščančja prsa v ovitku |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sveže kumare, list solate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mlečni namaz |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Črna žemlja | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Bio sadni kefir |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Kremna korenčkova juha s pastinakom |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mehiška rižota |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Zelena solata s paradižnikom in mocarelo |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| **ČETRTEK** | ZAJTRK | Mlečni močnik na bio mleku | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |  |
| Mandeljnov posip |  |  |  |  |  |  |  | man |  |  |  |  |  |  |
| MALICA/DOP in POP | Bio brioš | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Ciganski golaž |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pire krompir |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Paradižnik, paprika v solati |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **PETEK** | ZAJTRK | Trdi sir- mešano |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Mlada špinača, paradižnik |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ovsena štručka | Oves, pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Ovseni kosmiči s sadjem in jogurtom (neh. mleko) | oves |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Goveja juha z ribano kašo | pšenica |  | x |  |  |  |  |  |  |  |  |  |  |  |
|  | Prosena kaša s piščančjim mesom in zelenjavo |  |  | x |  |  |  | x |  |  |  |  |  |  |  |
| Zelena solata |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **x –obrok vsebuje označeni alergen** | | |  | | | | | | | | | | | | | |