|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **14.10.2024-18.10.2024** | | | MOŽNI ALERGENI | | | | | | | | | | | | | |
|  | **OBROK** |  | **Gluten** | **Raki** | **Jajca** | **Ribe** | **Arašidi** | **Soja** | **Mleko/m.izdelki** | **Oreščki** | **Listna zelena** | **Gorčično seme** | **Sezamovo seme** | **Žveplov dioksid** | **Volčji bob** | **Mehkužci** |
| **PONEDELJEK** | ZAJTRK | Piščančja prsa v ovitku |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Kislo zelje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Črna bombeta | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Mlečno sadni napitek |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Haše omaka (goveje meso) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Polnozrnati špageti | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bio rdeča pesa |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **TOREK** | ZAJTRK | Skutin namaz |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Drobnjak/rdeča redkvica |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ajdov kruh z orehi | pšenica |  |  |  |  |  | x | oreh |  |  |  |  |  |  |
| Kakav (bio mleko) |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Polnozrnati keksi | Pšenica, oves |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Bučkina kremna (muškatna) juha z zdrobljenimi bučnimi  semeni |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pisana mehiška rižota (goveje in puranje meso) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Radič z motovilcem in jajcem |  |  | x |  |  |  |  |  |  |  |  |  |  |  |
| **SREDA** | ZAJTRK | Skuše |  |  |  | x |  |  |  |  |  |  |  |  |  |  |
| Sveža paprika (tris) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Koruzni kruh | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Grisini navadni | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Telečja obara z žličniki in zelenjavo | pšenica |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Palačinke z marmelado | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |  |
| Kuhan kompot |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ½ kajzarice | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **ČETRTEK** | ZAJTRK | Prosena kaša na sen. neh. mleku |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Mandeljnov posip |  |  |  |  |  |  |  | mandelj |  |  |  |  |  |  |
| MALICA/DOP in POP | Bio borovničev mafin | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Fižolova juha z ribano kašo | pšenica |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Mladi sir |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Zelenjava na maslu (baby korenje) |  |  |  |  |  |  | x |  |  |  |  |  |  |  |
| Pražen krompir |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Zelena solata s koruzo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **PETEK** | ZAJTRK | Jajčni namaz |  |  | x |  |  |  | x |  |  | x |  |  |  |  |
| Paradižnik češnjevec |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pletena štručka | pšenica |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Čaj |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP | Čvrsti jogurt, rozini |  |  |  |  |  |  | x |  |  |  |  | x |  |  |
| Sadje |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO | Piščančji paprikaš |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Skutini cmoki | pšenica |  | x |  |  |  | x |  |  |  |  |  |  |  |
| Radič štrucar s krompirjem |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **x –obrok vsebuje označeni alergen** | | |  | | | | | | | | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **07.10.2024-11.10.2024** | | | MOŽNI ALERGENI | | | | | | | | | | | | | |
|  | **OBROK** |  | **Gluten** | **Raki** | **Jajca** | **Ribe** | **Arašidi** | **Soja** | **Mleko/m.izdelki** | **Oreščki** | **Listna zelena** | **Gorčično seme** | **Sezamovo seme** | **Žveplov dioksid** | **Volčji bob** | **Mehkužci** |
| **PONEDELJEK** | ZAJTRK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **TOREK** | ZAJTRK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **SREDA** | ZAJTRK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **ČETRTEK** | ZAJTRK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **PETEK** | ZAJTRK |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| MALICA/DOP in POP |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| KOSILO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **x –obrok vsebuje označeni**  **alergen** | | |  | | | | | | | | | | | | | |